



# Holy Family Parish

4<sup>th</sup> Sunday of Advent (Year C)  
23<sup>rd</sup> December 2018



## FIRST READING : Micah 5:1-4

The Lord says this: But you, Bethlehem-Ephrathah, the least of the clans of Judah, out of you will be born for me the one who is to rule over Israel; his origin goes back to the distant past, to the days of old. The Lord is therefore going to abandon them till the time when she who is to give birth gives birth. Then the remnant of his brothers will come back to the sons of Israel. He will stand and feed his flock with the power of the Lord, with the majesty of the name of his God. They will live secure, for from then on he will extend his power to the ends of the land. He himself will be peace.

## PSALM : Psalm 79:2-3,15-16,18-19

iv

**L**ord make us turn to you. Let us see your face and we shall be saved

*O shepherd of Israel hear us, shine forth from your cherubim throne, O Lord, rouse up your might, O Lord, come to our help. R.*

*God of hosts, turn again, we implore, Look down from heaven and see, visit this vine and protect it, the vine your right hand has planted. R.*

*May your hand be on the man you have chosen, the man you have given your strength, and we shall never forsake you again, give us life that we may call upon your name. R.*

## SECOND READING : Hebrews 10:5-10

This is what Christ said, on coming into the world: *You who wanted no sacrifice or oblation, prepared a body for me. You took no pleasure in holocausts or sacrifices for sin; then I said, just as I was commanded in the scroll of the book, 'God, here I am! I am coming to obey your will.'* Notice that he says first: *You did not want what the Law lays down as the things to be offered, that is: the sacrifices, the oblations, the holocausts and the sacrifices for sin, and you took no pleasure in them; and then he says: Here I am! I am coming to obey your will.* He is abolishing the first sort to replace it with the second. And this will was for us to be made holy by the offering of his body made once and for all by Jesus Christ.

## GOSPEL : Luke 1:39-44

Mary set out and went as quickly as she could to a town in the hill country of Judah. She went into Zechariah's house and greeted Elizabeth. Now as soon as Elizabeth heard Mary's greeting, the child leapt in her womb and Elizabeth was filled with the Holy Spirit. She gave a loud cry and said, 'Of all women you are the most blessed, and blessed is the fruit of your womb. Why should I be honoured with a visit from the mother of my Lord? For the moment your greeting reached my ears, the child in my womb leapt for joy. Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled.'

## FINAL NEWSLETTER for 2018

Thank you to all our helpers who have kept Holy Family ticking along this year. May all parishioners have a very safe and Holy Christmas and a very Joyful New Year, Fr Jeremy and Ellen.

## CHRISTMAS MESSAGE FROM FR JEREMY

At this time of year, all of us together head into the Christmas mystery, liturgically renewed once again, where we await the "truth to sprung from the earth" (Psalm 85:12) and reveal the love of the Father for us and the peace He desires each of us to know. Let ask the Lord to lead us along the straight paths of His providence into his infinite Mercy, and there discover that joy of joys, that we are loved infinitely and tenderly – regardless of our abilities, our qualities, our gifts, and yes, most importantly of all, regardless of our sins. May our personal encounter with the Merciful Father lead us to share this joy with those around us. At this time of Christmas, let us also not forget those suffering around the world in war torn regions and beg the child Jesus to change hearts and bring peace to all.  
Merry Christmas to all ! Fr Jeremy

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## CHRISTMAS TIMETABLE

### CHRISTMAS EVE

#### Midnight Mass

**Monday 24<sup>th</sup> December, @ 12:00am**

Carols from 11:00pm

### CHRISTMAS DAY

**Tuesday 25<sup>th</sup> December,**

**8:00am (Latin), 10:00am (English)**

### BOXING DAY

**Wednesday 26<sup>th</sup> December, 9:00am**

*After Boxing Day – Masses are as usual*

### NEW YEARS EVE, VIGIL OF THE SOLEMNITY MOTHER OF GOD

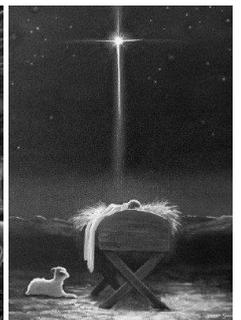
**Vigil Mass, Monday, 31<sup>st</sup> December, 7:00pm**

### NEW YEARS DAY, SOLEMNITY MOTHER OF GOD

**Tuesday, 1<sup>st</sup> January, 9:00am (NO Mass at 7:00pm)**

**NOTE: There will be NO Mass nor Confessions on Saturday 5<sup>th</sup> of Jan & Saturday 12<sup>th</sup> of Jan.**

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**« If we want to find the God who appeared as a child, then we must dismount from the high horse of our "enlightened" reason. We must set aside our false certainties, our intellectual pride, which prevents us from recognizing God's closeness. »**

*~ Pope Benedict XVI, 2011*

**"The struggle against the passions is a perpetually sweet martyrdom of observing the commandments for the love of Christ."**

St. Paisios

**"IF YOU REALLY WANT TO LOVE JESUS, FIRST LEARN TO SUFFER, BECAUSE SUFFERING TEACHES YOU TO LOVE."**

-ST. GEMMA GALGANI

**"IN EVERY AGE AND AT EVERY STAGE OF THEIR PASSAGE THROUGH TIME, THE EXPERIENCE OF CHRISTIANS HAS BEEN A SHARE IN THE EXPERIENCE OF CHRIST WHICH INCLUDES JOY AND PEACE—BUT ALSO AND EMPHATICALLY INCLUDES SUFFERING"**

-FR. JOHN A. HARDON, S.J.

**"Seven times before our Lord died, He told His disciples that they would be hated by the world. When we get on too well with the world, there must be something wrong with us."**

- Bp. Fulton J. Sheen



**"THE LIFE OF A CHRISTIAN IS NOTHING BUT A PERPETUAL STRUGGLE AGAINST SELF; THERE IS NO FLOWERING OF THE SOUL TO THE BEAUTY OF ITS PERFECTION EXCEPT AT THE PRICE OF PAIN."**

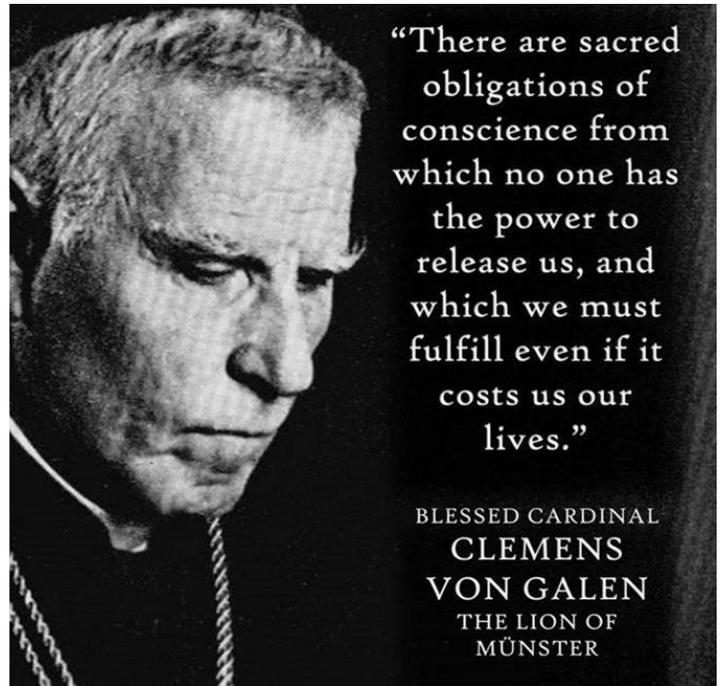
-SAINT PADRE PIO

O sinner, be not discouraged, but have recourse to Mary in all your necessities. Call her to your assistance, for such is the divine Will that she should help in every kind of necessity.

-Saint Basil the Great

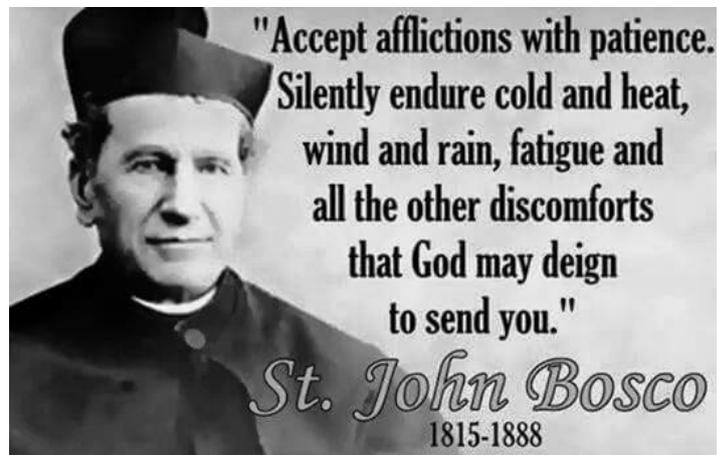
Do not fall into despair because of stumbling. I do not mean that you should not feel contrition for them, but that you should not think them incurable.

St. Isaac the Syrian



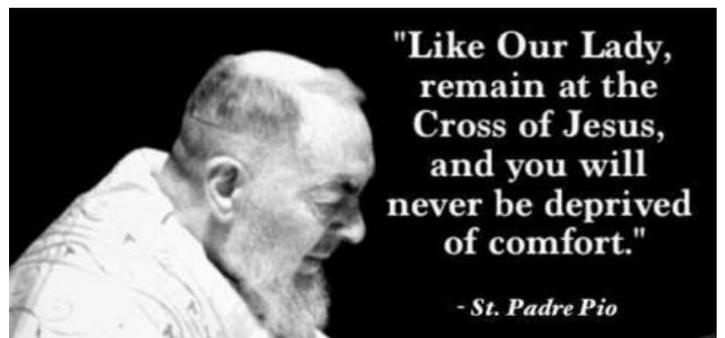
**"There are sacred obligations of conscience from which no one has the power to release us, and which we must fulfill even if it costs us our lives."**

BLESSED CARDINAL  
CLEMENS  
VON GALEN  
THE LION OF  
MÜNSTER



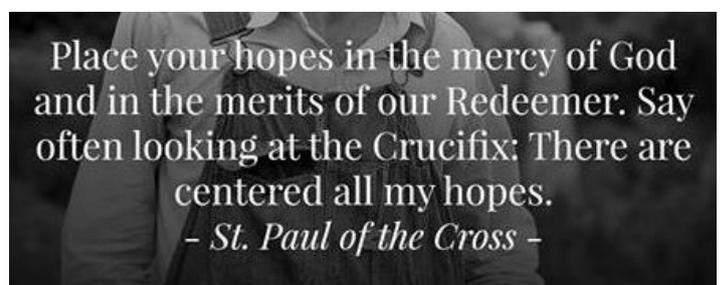
**"Accept afflictions with patience. Silently endure cold and heat, wind and rain, fatigue and all the other discomforts that God may deign to send you."**

*St. John Bosco*  
1815-1888



**"Like Our Lady, remain at the Cross of Jesus, and you will never be deprived of comfort."**

- St. Padre Pio



Place your hopes in the mercy of God and in the merits of our Redeemer. Say often looking at the Crucifix: There are centered all my hopes.

- St. Paul of the Cross -

The ungodly like religion in the same way that they like lions, either dead or behind bars; they fear religion when it breaks loose and begins to challenge their consciences.

Archbishop Fulton J. Sheen



"There is no evil to be faced that Christ does not face with us."

~ St. John Paul ~

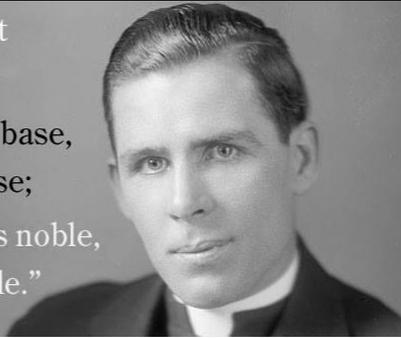
Pray the ROSARY everyday to obtain world peace and an end to war.

## Venerable Fulton J. Sheen

"We become like that which we love.

If we love what is base, we become base;

but if we love what is noble, we become noble."



"Do not fear. Jesus is more powerful than all hell."

- St. Padre Pio

"Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, a protection against sadness."

- St. John Chrysostom

"In God's plan, nothing happens by chance."

- St. John Paul II

"God is Love" 1 John 4:8

*"Liberal Christianity has too long assumed that it is the sole business of the Church to beat the drums for social reform and to dance to the tunes piped for it by the latest moods and passing mental fashions."*

Archbishop Fulton Sheen

"THE GIFT OF GRACE INCREASES AS THE STRUGGLE INCREASES"

- ST. ROSE OF LIMA

"Don't omit your visits to the blessed sacrament. After saying your usual prayer tell Jesus, really present in the tabernacle, about the cares and worries of your day. And he will give you light and courage for your life as a Christian."

- St. Josemaria Escriva

"DON'T LET ANYTHING DEPRIVE YOU OF HOPE"

- ST NEKTARIOS OF AEGINA

**A man without self control is like a city broken into and left without walls**

- Proverbs 25:28

The eyes of the world see no further than this life, but the eyes of the Christian see deep into eternity.

- SAINT JOHN VIANNEY -

The only thing necessary for the triumph of evil is for good men to do nothing.

**PROCESSIONAL HYMN:**

O Come, O come, Emmanuel  
 Redeem thy captive Israel,  
 That doth in exile homeless mourn  
 Until her Saviour Christ be born.

*Rejoice, rejoice!*  
*Emmanuel is born to save thee Israel.*

O come thou day star seen on high  
 with healing for our hearts draw nigh:  
 Do thou the mists of night dispel and  
 death's foreboding darkness quell.

*Rejoice, rejoice!*  
*Emmanuel is born to save thee Israel.*

O come of Gentile hearts, the King.  
 A world that needs thee ransoming  
 And save thy Servants who confess  
 with humbled hearts their faithlessness.

*Rejoice, rejoice!*  
*Emmanuel is born to save thee Israel.*

**OFFERTORY HYMN:**

Come, thou long expected Jesus,  
 Born to set thy people free;  
 From our fears and sins release us,  
 Let us find our rest in thee.

Israel's strength and consolation,  
 hope of all the earth thou art:  
 Dear desire of ev'ry nation,  
 joy of ev'ry longing heart.

Born thy people to deliver,  
 Born a child, and yet a king,  
 Born to reign in us forever,  
 Now thy gracious kingdom bring.

By thine own eternal Spirit Rule  
 in all our hearts alone;  
 By thine all sufficient merit  
 Raise us to thy glorious throne.

**COMMUNION HYMN:**

Alma Redemptoris - Choir  
*Kind mother of the Redeemer, the open  
 gateway to heaven and star of the sea.  
 Help your fallen people who strive to rise  
 again: we pray you, who bore your holy  
 son by a miracle of nature, a virgin first  
 and last, who receive God's greeting from  
 the mouth of Gabriel, have mercy on  
 sinners.* (English Translation)

**RECESSIONAL HYMN:**

O come, divine Messiah;  
 The world in silence waits the day  
 When hope shall sing its triumph  
 And sadness flee away.

*Dear Saviour, haste!*  
*Come, come to earth.*  
*dispel the night and show your face,*  
*and bid us hail the dawn of grace.*  
*O come, divine Messiah; the world in*  
*silence waits the day when hope shall sing*  
*its triumph and sadness flee away.*

O Christ, whom nations sign for,  
 Whom priest and prophet long foretold,  
 Come break the captive's fetters,  
 Redeem the long lost fold.

*Dear Saviour, haste!*  
*Come, come to earth.*  
*dispel the night and show your face,*  
*and bid us hail the dawn of grace.*  
*O come, divine Messiah; the world in*  
*silence waits the day when hope shall*  
*sing its triumph and sadness flee away.*

You come in peace and meekness  
 And lowly will your cradle be;  
 All clothed in human weakness  
 Shall we your Godhead see.

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**FAMILY PRAYERS FOR ADVENT  
 (Advent Wreath)**
**What to do?**

1. Begin with the Sign of the Cross
2. Light Candle
3. Say Antiphon of the Day
4. Say the Advent Prayer of that week
5. say Gospel of the Week
6. Finish with Grace before Meals.

**4<sup>th</sup> Week Prayer:** Stir up your might,  
 we pray You O Lord, and come; rescue  
 us through Your great strength so that  
 salvation, which has been hindered by  
 our sins, may be hastened by the grace  
 of Your gentle mercy. Who lives and  
 reigns forever and ever. Amen.

**4<sup>th</sup> Week Gospel: Luke 1:39-45**

"Blessed are you who believed that what  
 was spoken to you by the Lord  
 would be fulfilled."

**Fourth Candle and Week 4 of Advent**

**Monday:** "O Wisdom, you come forth  
 from the mouth of the Most High. You  
 fill the universe and hold all things  
 together in a strong yet gentle manner.  
 O come to teach us the way of truth."  
**Tuesday:** "O Adonai and leader of  
 Israel, you appeared to Moses in a  
 burning bush and you gave him the Law  
 on Sinai. O come and save us with your  
 mighty power."

**Wednesday:** "O stock of Jesse, you  
 stand as a signal for the nations; kings  
 fall silent before you whom the peoples  
 acclaim. O come to deliver us, and do  
 not delay."

**Thursday:** "O key of David and sceptre  
 of Israel, what you open no one else can  
 close again; what you close no one can  
 open. O come to lead the captive from  
 prison; free those who sit in darkness  
 and in the shadow of death."

**Friday:** O Rising Sun, you are the  
 splendour of eternal light and the sun of  
 justice. O come and enlighten those who  
 sit in darkness and in the shadow of  
 death."

**Saturday:** "O King whom all the peoples  
 desire, you are the cornerstone which  
 makes all one. O come and save man  
 whom you made from clay."

**Sunday:** "O Emmanuel, you are our king  
 and judge, the One whom the peoples  
 await and their Saviour. O come and  
 save us, Lord, our God."

**NEXT SUNDAY:****30<sup>th</sup> December 2018****Holy Family of Jesus, Mary and Joseph  
 (YrC)**

*Sirach 3:2-6, 12 - 14*  
*or 1 Sam 1:20-22, 24-28;*  
*Col 3:12-21 or 1 Jn 3:1-2, 21-24;*  
*Lk 2:41-52;*

**LITURGY ROSTER****Midnight Mass:**

**Readers:** C. Tagilima, A. Leifi  
**Prayers of the Faithful:** Lupe Ahio  
**Offertory:** Stowers - Subermani Family  
**Special Ministers:** F. Ulugia

**Christmas Day:**

**Readers:** M. D'Souza, R. Cardoza  
**Prayers of the Faithful:** R. Lopez  
**Offertory:** Leifi Family  
**Special Ministers:** S. Molloy

**Holy Family:**

**Readers:** R. Lopez, F. Xavier  
**Prayers of the Faithful:** Leslie Ahio  
**Offertory:** Tagilima Family  
**Special Ministers:** P. Vernon

**CHURCH CLEANING ROSTER**

on break till 2<sup>nd</sup> February 2019  
 Please keep the Church tidy

**SUNDAY CUP OF TEA ROSTER**

Leifi Family  
 then on break till 3<sup>rd</sup> February 2019

**ANNIVERSARIES THIS WEEK**

**23 Dec:** Michelle Bryan, Michael Atkinson,  
 Margaret Finn  
**24 Dec:** Freeth Herbert, Margaret Bartocci  
**25 Dec:** Gloria Petica  
**31 Dec:** Teresa Gilmer

**PARISH FINANCES**

<b>Parish</b>	\$ 1,160.70
<b>Priests</b>	<u>\$ 580.40</u>
<b>Total Cash</b>	<b>\$ 1,741.10</b>

**REMINDER:**

Parish activities that take a break during  
 January, please make a note on your  
 calendar the starting dates for 2019

**Church/Hall Cleaners** - starts 2 February 2019  
**Sunday Cup of Tea** - starts 3 February 2019  
**Catechism Classes** - starts 3 February 2019  
**Rosary for Life** - starts 3 February 2019  
**Parish Newsletter** - starts 3 February 2019  
**Hall Bookings** - starts 3 February 2019  
**Monthly Adoration** - starts 8 February 2019  
**Thursday Night Formation** - will start in  
 February.

The Parish Office will be **CLOSED** from  
 the 25<sup>th</sup> December till 22<sup>nd</sup> January.

**Legion of Mary Bookstall** will be open this  
 Sunday outside after Mass today.